

# PRIMER P

A Peak into Primer

Written by Lyubov Barclay

(THIS BOOK BELONGS TO: \_\_\_\_\_)

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Written and illustrated by Lyubov Barclay

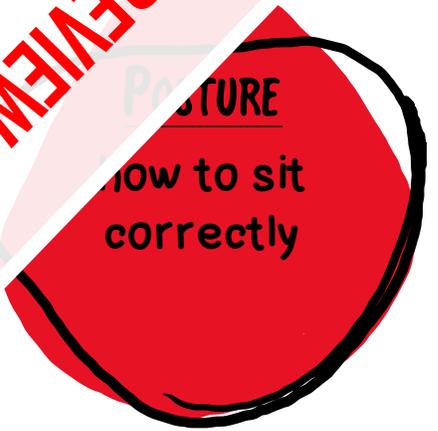


# PRACTICE LOG - PRACTICE 3 TO 4 DAYS EACH WEEK FOR ABOUT 10 MIN DAILY

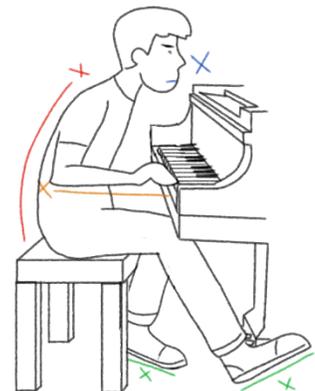
|         |     |   |   |   |   |   |
|---------|-----|---|---|---|---|---|
| CLASS 1 | HW: | 1 | 2 | 3 | 4 | 5 |
| CLASS 2 | HW: | 1 | 2 | 3 | 4 | 5 |
| CLASS 3 | HW: | 1 | 2 | 3 | 4 | 5 |

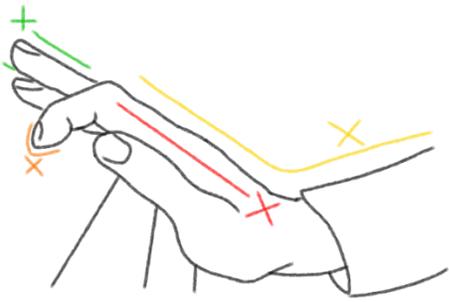
## POSTURE

- 1 Sit straight!
- 2 Are you sitting high enough?  
Your elbows should be the same height as the keyboard.
- 3 Are you sitting close enough?  
Stretch out your hands and reach the bottom of the piano.
- 4 Feet on the ground (or hanging down).
- 5 RELAX!! And have some fun!



1





1 Keep your palm curved, not flat!

2 Play on the soft, juicy part of your fingers, not your nails!

3 Keep your wrist straight.

4 Keep the other fingers down, not up in the air!



2



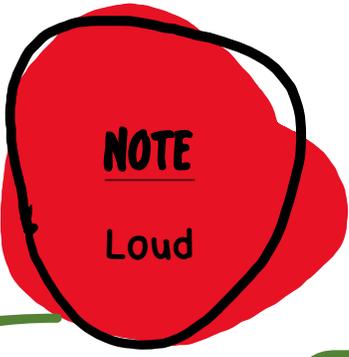
Shake my right,  
Shake my left,  
Shake up high and  
Shake down low!



Shake my right,  
Shake my left,  
Shake them fast and  
Shake them slow



3



REST  
Quiet



FINGER TRICKS



Tap each finger 10 times!

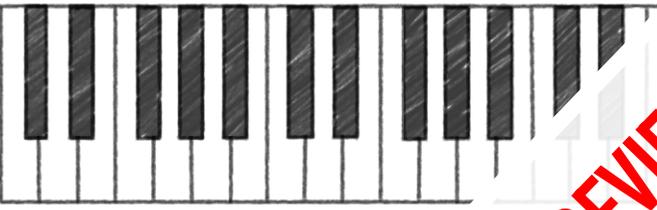
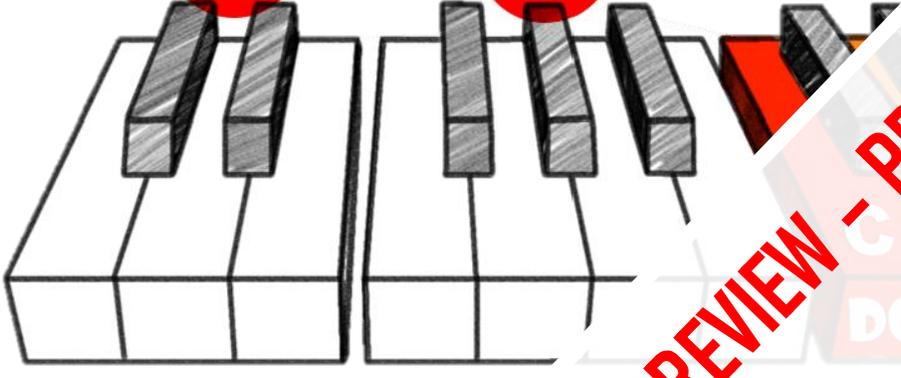
Then scratch them down 10 times!



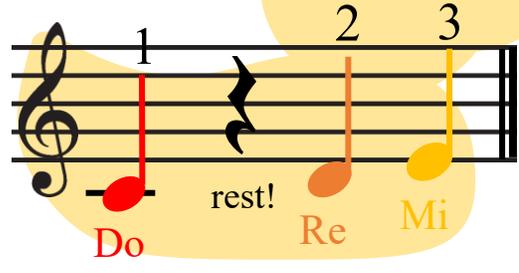
# KEYBOARD

2

3



6



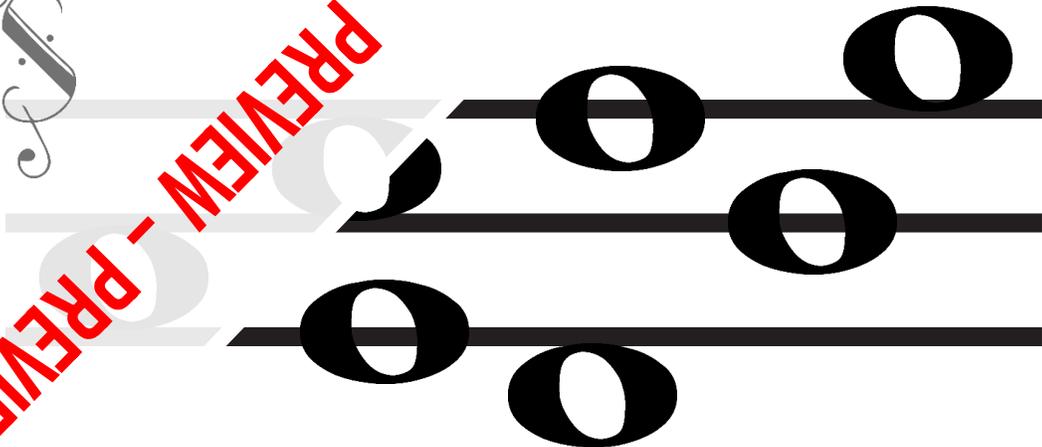
7



Write the correct finger numbers on each finger below.



Color all the space notes blue and all the line notes red.



Draw lines to match the piano note with the correct letter name and solfege name

do

